

Are you **scared, in debt to your employer, being controlled, or denied access to your money or identity documents?**

In the UK, all workers have rights.  
If you think you are being abused or exploited, call us for help and support.



If you don't feel safe, contact the  
Modern Slavery & Exploitation Helpline,  
open 365 days a year

**08000 121 700**



Free, confidential  
help and advice



modern slavery  
& exploitation

**helpline**