

# MODERN SLAVERY INFORMATION AND RESOURCE PACK FOR REFUGEES FROM UKRAINE

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## 1. about us

The Modern Slavery & Exploitation Helpline is run by Unseen, a UK charity working to eradicate slavery. We are independent and confidential and offer information and resources about modern slavery to potential victims, businesses, NGOs, the public and statutory agencies in the UK.

With millions already forcibly displaced due to Russia's invasion of Ukraine, we are concerned that more people could be caught up in modern slavery and human trafficking, which is always the way when many vulnerable people are on the move.

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## 2. spot the signs of modern slavery and human trafficking

For more information about how to spot modern slavery and human trafficking please see the common indicators on the "spot the signs" page of our website.

[www.unseenuk.org/about-modern-slavery/spot-the-signs/](http://www.unseenuk.org/about-modern-slavery/spot-the-signs/)

Information about the indicators of modern slavery can also be accessed and reported via the Unseen app which is free to download.

[www.unseenuk.org/about-modern-slavery/download-the-app/](http://www.unseenuk.org/about-modern-slavery/download-the-app/)

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## 3. materials in other languages

Our website has an assortment of multi-language helpline posters, indicator cards and exploitation cards that can be passed to potential victims when safe to do so. All our materials are available in an assortment of languages and can be accessed via the link below.

[www.unseenuk.org/materials](http://www.unseenuk.org/materials)

### Russian:

- Sexual exploitation poster  
[www.unseenuk.org/wp-content/uploads/2021/10/A5-HELPLINE-POSTER\\_SEX-EXPLOIT-1.pdf](http://www.unseenuk.org/wp-content/uploads/2021/10/A5-HELPLINE-POSTER_SEX-EXPLOIT-1.pdf)

- Labour exploitation poster  
[www.unseenuk.org/wp-content/uploads/2022/03/A5-HELPLINE-POSTER\\_M\\_RUSSIAN.pdf](http://www.unseenuk.org/wp-content/uploads/2022/03/A5-HELPLINE-POSTER_M_RUSSIAN.pdf)
- Helpline border cards  
[www.unseenuk.org/wp-content/uploads/2021/10/Helpline\\_Border\\_Card\\_Russian.pdf](http://www.unseenuk.org/wp-content/uploads/2021/10/Helpline_Border_Card_Russian.pdf)
- Indicator cards (double-sided)  
[www.unseenuk.org/wp-content/uploads/2021/10/Indicator-cards\\_A4\\_double-sided\\_Russian.pdf](http://www.unseenuk.org/wp-content/uploads/2021/10/Indicator-cards_A4_double-sided_Russian.pdf)

#### **Ukrainian:**

- Sexual exploitation poster  
[www.unseenuk.org/wp-content/uploads/2021/10/A5-HELPLINE-POSTER\\_SEX-EXPLOIT.pdf](http://www.unseenuk.org/wp-content/uploads/2021/10/A5-HELPLINE-POSTER_SEX-EXPLOIT.pdf)
- Labour exploitation poster  
[www.unseenuk.org/wp-content/uploads/2022/03/A5-HELPLINE-POSTER\\_M\\_UKRAINIAN.pdf](http://www.unseenuk.org/wp-content/uploads/2022/03/A5-HELPLINE-POSTER_M_UKRAINIAN.pdf)
- Helpline border cards  
[www.unseenuk.org/wp-content/uploads/2021/10/Helpline\\_Border\\_Card\\_Ukraine.pdf](http://www.unseenuk.org/wp-content/uploads/2021/10/Helpline_Border_Card_Ukraine.pdf)
- Indicator cards (double-sided)  
[www.unseenuk.org/wp-content/uploads/2021/10/Indicator-cards\\_A4\\_double-sided\\_Ukrainian.pdf](http://www.unseenuk.org/wp-content/uploads/2021/10/Indicator-cards_A4_double-sided_Ukrainian.pdf)

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## **4. how to contact the modern slavery & exploitation helpline and what to expect**

- The Helpline is open 24/7, 365 days a year and anyone is welcome to contact us whether they are a member of the public, a professional or someone who thinks they may be a potential victim of modern slavery or labour exploitation.
  - Call: 08000 121 700 – calls from the UK are free but calls from outside the UK may incur charges. We can connect interpreters in over 200 languages. Your call will be answered by a trained advisor who will be ready to help.
  - Email: [info.mshelpline@unseenuk.org](mailto:info.mshelpline@unseenuk.org)
  - Online: [www.modernslaveryhelpline.org/report](http://www.modernslaveryhelpline.org/report)
  - Via the Unseen app
  - For more information about what to expect when calling our Helpline, please see our website: [www.modernslaveryhelpline.org/](http://www.modernslaveryhelpline.org/)
  - We offer CPD-accredited online training designed for front-line professionals whose work may bring them into contact with victims of modern slavery. The training uses real-life examples from the Modern Slavery & Exploitation Helpline and is designed to give you the confidence to spot the signs of modern slavery and know how to respond. The training is available at [unseen.learnworlds.com](http://unseen.learnworlds.com) or please contact [training@unseenuk.org](mailto:training@unseenuk.org) for more information.
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## 5. signpost for refugees newly arrived in the uk

- Praxis, a Charity for Migrants and Refugees  
[www.praxis.org.uk/](http://www.praxis.org.uk/)
  - The Joint Council for the Welfare of Immigrants  
[www.jcwi.org.uk/](http://www.jcwi.org.uk/)
  - Refugee Council  
[www.refugeecouncil.org.uk/information/information-on-ukraine/?doing\\_wp\\_cron=1647605426.0505990982055664062500](http://www.refugeecouncil.org.uk/information/information-on-ukraine/?doing_wp_cron=1647605426.0505990982055664062500)
  - Migrant Help  
[www.migranthelpuk.org/](http://www.migranthelpuk.org/)
  - Refugee Action  
[www.refugee-action.org.uk/](http://www.refugee-action.org.uk/)
  - Citizens Advice Bureau for advice and information about benefits  
[www.citizensadvice.org.uk/](http://www.citizensadvice.org.uk/)
  - Information about claiming benefits immediately  
[www.gov.uk/government/news/immediate-benefit-support-for-those-fleeing-the-invasion-in-ukraine](http://www.gov.uk/government/news/immediate-benefit-support-for-those-fleeing-the-invasion-in-ukraine)
  - Finding an immigration adviser  
[www.gov.uk/find-an-immigration-adviser](http://www.gov.uk/find-an-immigration-adviser)
  - Registering with a GP  
[www.nhs.uk/nhs-services/gps/how-to-register-with-a-gp-surgery/](http://www.nhs.uk/nhs-services/gps/how-to-register-with-a-gp-surgery/)
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## 6. signposts for refugees seeking employment in the uk

- Just Good Work app (free to download) - users can select their preferred language (including **Ukrainian**) and work through interactive checklists for employment.  
[justgood.work/](http://justgood.work/)
- ACAS provide free, impartial advice about employment rights. Their helpline is open Monday to Friday 08:00-16:00 on 0300 123 1100 and has interpreter services.  
[www.acas.org.uk](http://www.acas.org.uk)
- Check you are being paid the national minimum wage (NMW) relevant to your age.  
[www.gov.uk/national-minimum-wage-rates](http://www.gov.uk/national-minimum-wage-rates)
- The Refugee Council have information on opening a bank account in the UK.  
[refugeecouncil.org.uk/information/resources/banking-guide-for-refugees-english/](http://refugeecouncil.org.uk/information/resources/banking-guide-for-refugees-english/)
- The GLAA (Gangmasters and Labour Abuse Authority) take reports about the mistreatment of workers, labour providers operating without a license and businesses using an unlicensed gangmasters. Their helpline is open Monday to Friday, 09:00-17:00 on 0800 432 0804.  
[www.gla.gov.uk](http://www.gla.gov.uk)

The GLAA website has useful resources available in a selection of languages including **Russian** and **Ukrainian**.

[www.gla.gov.uk/i-am-a-i-am-a-worker/workers-rights-leaflets/](http://www.gla.gov.uk/i-am-a-i-am-a-worker/workers-rights-leaflets/)

[www.gla.gov.uk/publications/resources/glaa-know-the-signs-know-your-rights-posters/](http://www.gla.gov.uk/publications/resources/glaa-know-the-signs-know-your-rights-posters/)

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## 7. safety planning

- If you or anyone you know is in immediate danger, call the 112 European emergency number. The number is free of charge, 24/7 and can be used anywhere in Europe including the UK. Dial 112 to reach the emergency services, including the police, emergency medical services and the fire brigade.
- In the UK, dial 999 for emergency services (police, fire, medical and coastguard), 101 for police in non-emergency situations, and 111 for help with an urgent medical problem and you are unsure what to do.
- The following documents are focused on refugees in The Netherlands and Poland; however, they include useful safety planning advice for refugees in any country:

La Strada 'Be Safe on the Run' The Netherlands

[documentation.lastradainternational.org/doc-center/3440/be-safe-on-the-run-preventive-materials-for-ukrainians-english-and-ukrainian](https://documentation.lastradainternational.org/doc-center/3440/be-safe-on-the-run-preventive-materials-for-ukrainians-english-and-ukrainian)

La Strada - Safety rules for those fleeing the war in Ukraine – Poland

[documentation.lastradainternational.org/lisidocs/3438-ULOTKA\\_INFO\\_UA%20-%20leaflet%20LS%20Poland.pdf](https://documentation.lastradainternational.org/lisidocs/3438-ULOTKA_INFO_UA%20-%20leaflet%20LS%20Poland.pdf)

- The following document is produced by an Austrian charity and gives information on their services in Austria, however, their safety planning advice is useful for any refugee and is in **English** and **Ukrainian**.  
[documentation.lastradainternational.org/lisidocs/3439-Flyer%20LEFO%20IBF.pdf](https://documentation.lastradainternational.org/lisidocs/3439-Flyer%20LEFO%20IBF.pdf)
- European Commission 'Information for people fleeing the war in Ukraine':  
**English:** [ec.europa.eu/info/strategy/priorities-2019-2024/stronger-europe-world/eu-solidarity-ukraine/eu-assistance-ukraine/information-people-fleeing-war-ukraine\\_en](https://ec.europa.eu/info/strategy/priorities-2019-2024/stronger-europe-world/eu-solidarity-ukraine/eu-assistance-ukraine/information-people-fleeing-war-ukraine_en)  
**Ukrainian:** [ec.europa.eu/info/strategy/priorities-2019-2024/stronger-europe-world/eu-solidarity-ukraine/eu-assistance-ukraine/information-people-fleeing-war-ukraine\\_uk](https://ec.europa.eu/info/strategy/priorities-2019-2024/stronger-europe-world/eu-solidarity-ukraine/eu-assistance-ukraine/information-people-fleeing-war-ukraine_uk)  
**Russian:** [ec.europa.eu/info/strategy/priorities-2019-2024/stronger-europe-world/eu-solidarity-ukraine/eu-assistance-ukraine/information-people-fleeing-war-ukraine\\_ru](https://ec.europa.eu/info/strategy/priorities-2019-2024/stronger-europe-world/eu-solidarity-ukraine/eu-assistance-ukraine/information-people-fleeing-war-ukraine_ru)
- Stop The Traffik – Travel Safe, Stay Safe:  
**English:** [www.stophetraffik.org/landing-page/ukraine-campaign-english-language/](https://www.stophetraffik.org/landing-page/ukraine-campaign-english-language/)  
**Russian:** [www.stophetraffik.org/landing-page/campaign-russian-language/](https://www.stophetraffik.org/landing-page/campaign-russian-language/)  
**Ukrainian:** [www.stophetraffik.org/landing-page/ukraine-campaign-ukrainian-language/](https://www.stophetraffik.org/landing-page/ukraine-campaign-ukrainian-language/)

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## 8. other resources

- To view anti-trafficking organisations across the world please see the Global Modern Slavery Directory, an interactive, searchable map and database of organisations and agencies across the globe that address the issue of modern slavery and human trafficking.  
[globalmodernslavery.org/](https://globalmodernslavery.org/)
- The European Commission website has a list of trafficking hotlines in Europe and their website can be navigated in multiple languages.  
[ec.europa.eu/anti-trafficking/national-hotlines\\_en](https://ec.europa.eu/anti-trafficking/national-hotlines_en)
- Caritas have anti-trafficking teams in many European countries.  
[www.caritas.org/](https://www.caritas.org/)
- Child Helpline International – website showing helplines for children across Europe  
[www.childhelplineinternational.org/child-helplines/child-helpline-network/](https://www.childhelplineinternational.org/child-helplines/child-helpline-network/)

- The Freedom Fund, a crowd-sourced list of organisations and resources about the Ukraine crisis  
[freedomfund.org/programs/hotspot-projects/ukraine-response/](https://freedomfund.org/programs/hotspot-projects/ukraine-response/)
- Work Rights Centre  
[www.workrightscentre.org/solidarity-with-ukraine](https://www.workrightscentre.org/solidarity-with-ukraine)
- Barnardo's Ukrainian Support Helpline  
[www.barnardos.org.uk/what-we-do/helping-families/ukrainian-helpline](https://www.barnardos.org.uk/what-we-do/helping-families/ukrainian-helpline)
- Homes for Ukraine: Hosting Good Practice Guide  
[nacom.org.uk/wp-content/uploads/2022/04/NACCOM-Hosting-Good-Practice-Guide-2022\\_PART-1-FINAL-1.pdf](https://nacom.org.uk/wp-content/uploads/2022/04/NACCOM-Hosting-Good-Practice-Guide-2022_PART-1-FINAL-1.pdf)
- Ukraine Advice Project UK  
[advice-ukraine.co.uk/](https://advice-ukraine.co.uk/)
- Law Works  
[www.lawworks.org.uk/](https://www.lawworks.org.uk/)
- Rightsnet  
[www.rightsnet.org.uk/](https://www.rightsnet.org.uk/)
- Polaris  
[polarisproject.org/blog/2022/03/essential-resources-for-people-affected-by-conflict-in-ukraine-and-afghanistan/](https://polarisproject.org/blog/2022/03/essential-resources-for-people-affected-by-conflict-in-ukraine-and-afghanistan/)
- Vodafone is offering free connectivity to 200,000 refugees arriving in the UK from Ukraine through its charities.connected scheme. Connectivity is essential to help refugees access support, mental health services, health care and keep in touch with friends and family.  
[www.vodafone.co.uk/mobile/everyone-connected/charities-connected](https://www.vodafone.co.uk/mobile/everyone-connected/charities-connected)

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## 9. what else can I do?

- Share the open letter from the global anti-human trafficking community to condemn and end the Russian invasion of Ukraine.  
[www.unseenuk.org/wp-content/uploads/2022/03/Open-Letter-from-the-Anti-Trafficking-Community-Ukraine-15th-March-2022.pdf](https://www.unseenuk.org/wp-content/uploads/2022/03/Open-Letter-from-the-Anti-Trafficking-Community-Ukraine-15th-March-2022.pdf)  
[www.unseenuk.org/ukraine-invasion-trafficking-impact/](https://www.unseenuk.org/ukraine-invasion-trafficking-impact/)
  - Support our campaign to get telecoms companies to provide a welcome text containing crucial safety information for Ukrainian refugees arriving in the UK.  
[www.unseenuk.org/how-to-help-ukrainian-refugees-with-just-one-text/](https://www.unseenuk.org/how-to-help-ukrainian-refugees-with-just-one-text/)
  - Display our posters anywhere it is safe to do so.  
[www.unseenuk.org/materials/](https://www.unseenuk.org/materials/)
  - Share this resource pack and information with friends, family, colleagues and groups who may find it helpful.
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