

**know  
your  
rights**



**Do you...**

**have a contract?**

**get paid the national minimum wage?**

**work no more than 48 hours per week?**

**get a lunch break?**

**have the right equipment to do your job?**

In the UK, all workers have rights. If you think you are being abused or exploited call us for help and support.

**08000 121 700**



## Do you know the signs of modern slavery & exploitation?

**Behaviour** – withdrawn and scared, fear of authorities

**Appearance** – unkempt, malnourished, few possessions

**Work** – long hours, inappropriate clothing for the job

**Accommodation** – overcrowded and poorly maintained

**Lack of control** – no ID, no access to their bank account

**Lack of freedom** – monitored, transported to work

If you think someone may be a victim of modern slavery call the 24/7 modern slavery & exploitation helpline

**08000 121 700**

A large, stylized orange graphic of a sign with a white center. The text 'know the signs' is written in a bold, blue, sans-serif font within the white area.

**know  
the  
signs**